



 Nanomedicine: Nanotechnology, Biology, and Medicine xx (xxxx) xxx



nanomedjournal.com

Graphical Abstract





Nanomedicine: Nanotechnology, Biology, and Medicine xx (xxxx) xxx NANO-0000102101; No of Pages 10

Nanomedicine Nanotechnology, Biology, and Medicine

nanomedjournal.com

- Iguratimod encapsulated PLGA-NPs improves therapeutic outcome in glioma, glioma stem-like cells and temozolomide resistant glioma cells
- Muhammad Younis^a, Wang Faming^b, Zhao Hongyan^b, Tan Mengmeng^b, Song Hang^a, ⁵ Yuan Liudi^{a,b,⊥}
- 6

8

1

2

З

^aKey Laboratory for Developmental Genes and Human Disease, Ministry of Education, Institute of Life Sciences, Southeast University, Nanjing, China ^bDepartment of Biochemistry and Molecular Biology, Medical School of Southeast University, Nanjing, China

Revised 17 September 2019

9 Abstract

Glioma is the most common neoplasm of the central nervous system, with the highest mortality rate. The present study was designed to 10 examine the therapeutic effect of Iguratimod (IGU) encapsulated-poly (lactic-co-glycolic acid) PLGA nanoparticles (IGU-PLGA-NPs), 11 which showed inhibition of glioma cells proliferation both in vitro and in vivo. IGU encapsulated in PLGA nanoparticles with an average 12 13 size of 100-200 nm was prepared using modified double-emulsion (W1/O/W2) method. Cell Counting Kit-8 (CCK-8) analysis of Glioma 14 cancer cells and glioma stem-like cells (GSCs) demonstrated significant inhibition of their growth treated with IGU-PLGA-NPs. IGU-PLGA-NPs inhibit migration in glioma cells as well as tumor sphere formation in GSCs. Treatment with IGU-PLGA-NPs showed a significant 15 decrease in tumor growth through the apoptotic pathway in mice model without any visible organ toxicity and it can successfully cross the 16 blood brain barrier (BBB). Most Importantly, IGU-PLGA-NPs significantly depleted growth of U251 Temozolomide-resistant (U251TMZ-17 18 R) cells.

19 © 2019 Published by Elsevier Inc.

20 Key words: Cancer; Glioma; Apoptosis; PLGA; Iguratimod

21

Q2

Glioma is one of the most common malignant cancers derived 22 23 from glial cells in the central nervous system with poor prognosis.¹ Several therapeutic strategies including surgery, 24 radiotherapy, and chemotherapy have been developed for the 25 treatment of glioma but no obvious improvements have been 26 obtained.² Uncontrolled and rapid cell proliferation of glioma 27 28 grows aggressively resulting in severe recurrence, and because of insensitivity to chemotherapy, patients usually have a poor 29 prognosis.^{3,4} The failure of existing strategies for the treatment 30 of glioma has been attributed to the presence of a subpopulation 31 of cancer cells known as glioma stem-like cells (GSCs), which 32

Q1 **Statement:** There are no commercial associations, current and within the past five years, that might pose a potential, perceived or real conflict of interest.

Conflict of Interest: The authors declare no competing financial interests.

Funding: This work was supported by the open funds of the Key Laboratory for Developmental Genes and Human Disease, Ministry of Education, China (201801).

*Corresponding author at: Key Laboratory for Developmental Genes and Human Disease, Ministry of Education, Institute of Life Sciences, Southeast University, Nanjing, China.

E-mail address: yld@seu.edu.cn. (

https://doi.org/10.1016/j.nano.2019.102101

1549-9634/© 2019 Published by Elsevier Inc.

have the ability to resist chemo-radiotherapeutics because of 33 their unique characteristics.⁵ Therefore, more complex treat- 34 ments capable of overcoming the ability of GSCs to eliminate 35 anticancer drugs and with other protective functions are urgently 36 needed. 37

Additionally, effective delivery is the major obstacle for the 38 development of any chemotherapy against glioblastoma because 39 BBB prevents delivery of therapeutic molecules and blood born 40 chemicals to the brain. Blood brain barrier only allows small, 41 lipid soluble and electrically neutral drugs to the brain. Various 42 approaches have been discovered for achieving higher drug 43 concentrations in the brain of glioma patients, such as chemically 44 modified drugs and prodrugs, temporary disruption of the BBB⁶, 45 intra-arterial delivery⁷, and receptor-mediated delivery.⁸ There- 46 fore, there is a persistent need to develop advanced approach for 47 more potent and effective treatment for brain tumor, that might 48 ideally distribute and provide localized higher concentrations of 49 drugs in the malignant tissue across the BBB without causing 50 any systemic toxicity.

In this context, nanomaterials could play an important role 52 because of their unique properties that are found neither in bulk 53 materials nor in single molecules and which are necessary to 54 develop advanced cancer treatments.^{9,10} Poly (lactic-co-glycolic 55 acid) (PLGA) NPs have several benefits, like the biocompatible, 56

Please cite this article as: Younis M., et al., Iguratimod encapsulated PLGA-NPs improves therapeutic outcome in glioma, glioma stem-like cells and temozolomide resistant glioma *Nanomedicine: NBM* 2019;xx:0-9, https://doi.org/10.1016/j.nano.2019.102101





Figure 1. Graphical scheme of the study. We investigated the anti-cancer effect of IGU-PLGA-NPs using *in vitro* and *in vivo* models of glioma, GSCs and TMZ-resistant glioma. Our results showed that IGU-PLGA-NPs inhibits proliferation, migration, improve apoptosis, cell cycle arrest and specifically delivered to targeted site inside the brain.

biodegradable, sustained release of encapsulated drugs after 57 intracellular endocytosis, and being inexpensive and approved 58 by Food and Drug Administration (FDA).¹¹ Iguratimod (IGU) is 59 a novel anti-inflammatory and anti-rheumatic drug for the 60 treatment of rheumatoid arthritis that prevents generation of 61 immunoglobins and inflammatory cytokines such as tumor 62 necrosis factor alpha (TNF- α) and Interleukins (IL-1 β -IL-6, IL-8, 63 IL-17). IGU also inhibits IL-8 in hepatocellular 64 carcinogenesis.12,13 65

66 In this study, to achieve a higher concentration of drug in the 67 brain of glioma patients we have prepared IGU encapsulated 68 PLGA NPs (IGU-PLGA-NPs); due to their too small size, NPs can cross the biological barriers easily, without blocking 69 circulation of blood. For the first time, we have analyzed the 70 anti-cancer effect of Iguratimod encapsulated PLGA nanoparti-71 cles (IGU-PLGA NPs) in vitro and in vivo and it did not lead to 72 any vital organ toxicity in glioma (Figure 1). Complete blood 73

cells (CBC) analysis did not show significant change after IGU- 74 PLGA-NPs treatment in mice model. We have found out that 75 IGU-PLGA-NPs inhibit proliferation and migration as well as 76 improve apoptosis and cell cycle arrest in glioma. IGU-PLGA- 77 NPs depleted the growth, tumor sphere formation as well as 78 CD133 expression of GSCs. Interestingly, IGU-PLGA-NPs can 79 cross BBB and it has an antiproliferative effect against TMZ- 80 resistant glioma cells. The interesting results highlight, for the 81 very first time, the therapeutic potentiality of IGU-PLGA-NPs to 82 decreased tumor growth of brain cancer. 83

Methods

Cell culture

Human Glioma cells (U87, U118, and U251) were obtained 86 from the cell Bank of type culture collection of Chinese 87

84

M. Younis et al / Nanomedicine: Nanotechnology, Biology, and Medicine xx (xxxx) xxx

Academy of Sciences (Shanghai, China). U251 Temozolomide 88 (TMZ)-resistant cells were a generous gift from Dr. Fawad Ur 89 Rehman, Henan University, Kaifeng, China. All cell lines were 90 grown in DMEM (Hyclone) with 10% FBS (Gibco) in a cell 91 culture incubator with 5% CO₂ at 37 °C. The glioma stem-like 92 cells were isolated by using serum free clone formation method.-93 ^{14,15} Serum free medium was comprised of DMEM/F12 94 medium (Hyclone), 20 mg/mL of B27 (Invitrogen), 20 ng/mL 95 of basic fibroblast growth factor (Sigma), 20 ng/mL of EGF 96 97 (PeproTech). After 8-10 days of culture, primary tumor sphere was detected and subsequently dissociated and passaged in 72-98 96 h in fresh medium. 99

Preparation of PLGA-Nanoparticles encapsulated with Igur atimod

PLGA-NPs were fabricated using a double-emulsion 102 water-in-oil-in-water method with slight modifications.¹⁶ 103 Briefly, 100 mg of PLGA (Daigang Co, Jinan, China) was 104 dissolved in 5 mL of dichloromethane; then 200 µL of an 105 aqueous solution containing 30µg/mL of IGU (Simcere, 106 China) as an internal water phase was added. The emulsion 107 was formed by sonicating the mixture by a probe sonicator 108 109 (Microson XL 2000, Misonix Inc., Farmingdale, NY) for the 110 30 s at 20 kHz and 30% amplitude. The primary emulsion 111 was quickly mixed in 5 mL of 4% PVA (polyvinyl alcohol 112 solution; Sigma Aldrich) (external water phase) and homogenized for 30 min at 6000 rpm. Then, 5 mL of deionized 113 water was added and the solution was stirred overnight at 114 room temperature to evaporate the dichloromethane. PVA 115 was removed from NPs by washing three times with double 116 distilled water and then activated using EDC (1-ethyl-3-(3 117 dimethylaminopropyl) carbodiimide hydrochloride), NHS (N-118 hydroxy-succinimide; Sigma), and PEI (polyethyleneimine; 119 Sigma) also added dropwise to the solution with magnetic 120 stirring and incubated for 2 h at 20 °C. Finally, PEI 121 conjugated NPs were washed twice with deionized water 122 and stored at 4 °C for further use. 123

124 Characterization of PLGA-NPs and IGU-PLGA-NPs

The morphology of the PLGA and IGU-PLGA-NPs was
characterized by using Transmission electron microscopy (TEM,
JEOL JEM-2100). The size distribution and zeta potential were
measured by using the PALS Zeta instrument (Brookenhaven
instrument Corporation).

130 CCK-8 assay

The cell numbers were determined by a CCK-8 assay. Glioma cells were cultured into 96-well plates at a density of 1×10^4 cells per well. Optical density (OD) at 450 nm was estimated by the Microplate Reader (Bio-Rad, USA). In addition, GSCs and TMZ-resistant cells viability also determined by CCK-8 assay.

136 Wound healing assay

Migration of cells was examined by wound healing migration assay as previously reported with modifications.¹⁷ Glioma cells were seeded 3×10^5 well plates for 24 h. Cells were treated with IGU-PLGA-NPs, IGU and control wells; only DMEM was added. *In vitro* scratch wound was made by 141 scraping the cell layer with a tip of the 10 µl pipette. After 142 wounding, suspended cells were washed and fresh medium was 143 added and visualized with an inverted microscope to assess cell 144 migration ability. 145

Migration assay

Cell migration was determined by Transwell (24-well, 8 μ m 147 pore size; Corning) as per reported method.¹⁸ Briefly, 600 μ L 148 culture medium was added in the lower chamber, whereas 2 × 10⁵ 149 cells (U87, U118, U251) suspended in 200 μ L medium (serum 150 free) were loaded in the upper chamber. Cells on the lower surface 151 of the chamber were stained with 0.1% crystal violate (Sigma) for 152 20 min. Five randomly selected fields were imaged for cell 153 counting by using a microscope (Olympus, Japan).

Trypan blue assay

To assess the cell viability of U87, U118, and U251, trypan 156 blue assay was performed. Cells were trypsinized and collected 157 in the pellet. Cells were resuspended in PBS and an equal 158 amount of Trypan blue (Sigma) was added. Cell viability was 159 calculated as the percentage of living cells divided by a total 160 number of cells. 161

Tumor sphere formation assay 162

Glioma-stem cells (GSCs) were dissociated to single cells and 163 cultured at a density of 200 cells/well in 24-well plates in three 164 groups (Control, IGU, and IGU-PLGA-NPs). The number and 165 diameter of tumor sphere were calculated after 7 days. 166

Detection of Apoptosis and cell cycle

Apoptosis of U87 and U251 cells were analyzed after 24 h in 168 Control, IGU and IGU-PLGA-NPs treated groups. In apoptosis 169 assay, cells were stained with Propidium Iodide (PI) and 170 Annexin V-FITC (Vazyme, China) and detected by flow 171 cytometry. For cell cycle detection, cells (1×10^5) were treated 172 at 37 °C and 5% CO₂ for 24 h. The cells were trypsinized and 173 collected by centrifugation (2000 rpm, 5 min) and resuspended 174 in 70% ethanol for 24 h at 4 °C. Afterward, cells were analyzed 175 by flow cytometer. 176

Protein expression detection using western blotting

Western blot analysis was performed as a standard 178 procedure previously described.¹⁹ Briefly, the following 179 antibodies were used: CD133 (1:1000), Bax (1:2000), Bcl2 180 (1:1000), Caspase-3 (1:500), Caspase-9 (1:200), CyclinD1 181 (1:2000), Survivin (1:500) and Glyceraldehyde 3-phosphate 182 dehydrogenase (GAPDH) (1:3000). GAPDH was used as the 183 loading control. After 24 h treatment of cultured cells, protein 184 expression was quantified by western blotting. RIPA lysis 185 buffer was used as a lysis buffer and protein concentration was 186 detected by BCA kit. Then 100 μ g protein was loaded in 10% 187 acrylamide gel before transferring to PVDF membrane which 188 was blocked by 5% milk for 1 h. Membrane was probed in 189 primary antibody for 12 h at 4 °C and then in secondary 190

3

146

155

167

M. Younis et al / Nanomedicine: Nanotechnology, Biology, and Medicine xx (xxxx) xxx



Figure 2. **IGU-PLGA-NPs suppress glioma cell growth.** The proliferation of glioma cells was analyzed by CCK-8 assay after treated by different concentration of IGU (**A**) and IGU-PLGA-NPs (**B**). IGU-PLGA-NPs significantly inhibited the proliferation of glioma cells after treatment compared to the control group (**C**-**E**) (**P < 0.001 and ****P < 0.0001).

antibody for 1-2 h at room temperature. Proteins expressionswere determined by chemiluminescence.

of injection by using the IVIS Lumina FL imaging system.²² The 216 FL was analyzed by the PerkinElmer software. 217

218

226

231

193 Animal studies

4

The xenograft tumor mice model was generated by 194 subcutaneous injection of U87 glioma cells (5×10^6 cells) in 195 0.2 ml media without serum. The cells were implanted into the 196 lateral thoracic region of BALB/c athymic nude mice (male, 197 aged 3-4 weeks and 18-20 g weight) supplied by the Key-198 GENBioTECH corp., Ltd. After 4 weeks, the xenograft tumor 199 mice model was generated. Mice were injected with IGU-200 PLGA-NPs (via the tail vein), whereas the control group was 201 injected with placebo (PBS). After 18 days, mice were 202 euthanized by cervical dislocation, and the vital organs were 203 harvested for further analysis. All animals' experiments were 204 performed under the guidelines of the National Institute of 205 Health²⁰ and the Animal Care Research Advisory committee of 206 Southeast University. The animals were regularly monitored for 207 discomfort or pain. 208

209 In Vivo BBB FL bioimaging by ICG-IGU-PLGA-NPs

For the *in vivo* fluorescence imaging of nanoparticles in the brain, ICG-IGU-PLGA-NPs were prepared by previously reported method.²¹ Then, mice were anesthetized by 5% isoflurane mix with oxygen. Mice were injected (*via* the tail vein) with ICG-IGU-PLGA-NPs, whereas the control group was injected with PBS. *In vivo* bioimaging was performed after 24 h

Histopathology

For histopathological analysis, vital organs (Heart, liver, 219 kidney, lungs, spleen, and tumor) were fixed in 10% formalin 220 solution for 24 h and processed, prior to the paraffin 221 embedding technique. Tissue sections of vital organs were 222 stained with hematoxylin and eosin (H&E) staining. The 223 histopathology samples were observed in under microscope 224 (ABX53, Olympus, Japan). 225

Blood sampling and blood CP analysis

The intracardiac injection was used to collect blood under 227 isoflurane anesthesia. Blood was transferred into an EDTA 228 (ethylenediaminetetraacetic acid) tube for complete blood cell 229 (CBC) count analysis (XE-2100 Sysmex). 230

Statistical analysis

GraphPad Prism 6 software (GraphPad Software, Inc., USA) 232 was used for all performed test. Data were analyzed using the 233 One-way analysis of variance (ANOVA, for multiple samples) 234 or two-tailed Student *t* test (for two samples). All data are 235 shown as the mean \pm S.D. *P* < 0.05 was considered statisti- 236 cally significant. 237



Figure 3. GSCs growth inhibited by IGU-PLGA-NPs. The result of the CCK-8 assay indicated that GSCs growth was inhibited by IGU-PLGA-NPs treatment (A-C). Stem cell marker CD133 expression level was also reduced in treated groups compared to control (\mathbf{D} , \mathbf{E}) (*P < 0.05, **P < 0.01 ***P < 0.001).

238 Results

239 Characterization of IGU-PLGA-NPs

The average diameters of empty PLGA NPs and IGU-PLGA-NPs were 148 \pm 2.5 nm and 199.6 nm, respectively (Figure S1, *A*, *B*). Zeta potential analysis of PLGA NPs revealed negative charges -2.61 Mv (Figure S1, *C*) and zeta potential of IGU-PLGA-NPs was -1.68 Mv (Figure S1, *D*). TEM images showed a spherical shape and smooth external surface, with an averaged diameter, ranging from 100 to 200 nm (Figure S1, *E*, *F*).

247 IGU-PLGA-NPs inhibited glioma cell proliferation

248 To study the effect of IGU-PLGA-NPs on the growth of glioma cells (U87, U118, and U251), we detected the influence 249 of IGU and IGU-PLGA-NPs on glioma cells using CCK-8 assay. 250 The cells were treated with alone IGU at different concentration 251 and IGU-PLGA-NPs (Figure 2, A, B). After 4 days of treatment, 252 significant inhibition of cell proliferation by IGU-PLGA-NPs 253 was detected as compared to control (Figure 2, C-E). Moreover, 254 we also assessed the cytotoxic effect of IGU-PLGA-NPs on the 255 growth of glioma cancer cell lines using a trypan blue assay after 256 48 h treatment. Glioma cells showed much lower viability when 257 treated with IGU-PLGA-NPs compared to IGU and control 258 259 (Figure S2, A-C).

260 IGU-PLGA-NPs inhibit cell migration

Cell migration of U87 and U118 was detected by wound healing assay, which revealed suppression of wound closure up to 48 h after IGU-PLGA-NPs treatment, when the gap was partly filled with glioma cells in IGU treated and control group (Figure S3). In addition, we also determined the abilities of cell migration which was a significant aspect of cancer progression. As shown in Figure S4, U87, U118 and U251 glioma cell 267 migration was significantly inhibited in IGU-PLGA-NPs treated 268 group compared with IGU treated and control group in a 269 Transwell assay (Figure S4). 270

IGU-PLGA-NPs inhibited GSCs proliferation and stemness 271

CCK-8 assay of GSCs revealed that the cell proliferation of 272 GSCs was significantly reduced in IGU-PLGA-NPs treated 273 groups compared to control groups (Figure 3, *A-C*). Addition- 274 ally, cancer stem-like cells marker CD133 expression was also 275 reduced after IGU-PLGA-NPs treated in GSCs as compared to 276 IGU treated group (Figure 3, *D*, *E*). 277

Self-renewal ability of GSCs decreased after IGU-PLGA-NPs 278 treatment 279

To investigate the effect of IGU-PLGA-NPs on GSCs, we 280 analyzed the tumor sphere formation ability of GSCs. As 281 compared to IGU and control, tumor sphere displayed a 282 significantly decreased diameter after IGU-PLGA-NPs treated 283 group. The above results revealed that IGU-PLGA-NPs could 284 decrease the stemness of GSCs as a tumor growth suppressor 285 (Figure 4, *A-D*). 286

IGU-PLGA-NPs induces apoptosis

We examined whether apoptosis is involved in the effect 288 of IGU-PLGA-NPs on glioma cells. The proportion of 289 apoptotic cells was determined by staining of cells with PI 290 and Annexin V-FITC using flow cytometry. A sizable 291 increase of apoptosis induced by IGU-PLGA-NPs was 292 observed compared with the control (Figure 5, *A-D*). The 293 mechanism of IGU-PLGA-NPs induced apoptosis was 294 evaluated by analyzing the mitochondrial apoptosis proteins 295

M. Younis et al / Nanomedicine: Nanotechnology, Biology, and Medicine xx (xxxx) xxx



Figure 4. IGU-PLGA-NPs inhibited Glioma tumor sphere formation. GSCS were cultured IGU-PLGA-NPs and without IGU-PLGA-NPs as a control for 7 days. Tumor sphere diameter was decreased in treated groups (A). The graph indicates the differences in tumor sphere diameter (B-D). Scale bar, 200 μ m (****P* < 0.001 and *****P* < 0.0001).

expression level through western blotting. As shown in Figure S5, compared with the control group, glioma cells exposed to IGU-PLGA-NPs displayed a reduction of antiapoptotic protein Bcl-2 expression level, and pro-apoptotic protein Bax expression was increased. In addition, the Caspase-3 and Caspase-9 protein expression was increased following the treatment with IGU-PLGA-NPs (Figure S5).

303 IGU-PLGA-NPs induced G1 phase cell cycle arrest

The impact of IGU and IGU-PLGA-NPs on cell cycle distribution was analyzed by using flow cytometry. IGU-PLGA-NPs significantly increased the cell numbers at G1 phase (60%) after 48 h of treatment as compared to control and 307 IGU (Figure 6, *A-D*). To explore the underlying mechanism of 308 the growth inhibitory effect of IGU-PLGA-NPs, cell cycle 309 regulators critical to the G1 phase checkpoint were assessed, 310 including cyclinD1 and survivin. Western blot analysis 311 confirmed that IGU-PLGA-NPs downregulated the protein 312 expression levels in cyclinD1 and survivin compared with the 313 control group (Figure S6). 314

IGU-PLGA-NPs suppresses tumor growth in vivo and crosses BBB 315

BALB/c athymic nude mice were used to observe whether 316 IGU-PLGA-NPs may induce similar effects *in vivo*. 317



Figure 5. Apoptosis induced after IGU-PLGA-NPs treatment. Cells were treated by IGU-PLGA-NPs, IGU for 48 h, stained with PI and Annexin V-FITC, and analyzed by flow cytometry (A, C). Apoptosis ratio was calculated as the Q2 plus Q4 areas. The percentage of the apoptotic cell population was represented in the graph (B, D). (***P < 0.001 and ****P < 0.0001).

Macroscopically, xenograft treated with IGU-PLGA-NPs 318 grew at a significantly slower rate compared with that 319 320 treated with PBS (Figure 7, A). No considerable difference was observed in the weight of mice during all measured days 321 in treated and the control group (Figure 7, B). Notably, the 322 tumor growth curve in IGU-PLGA-NPs treated mice had a 323 324 relatively slow trend compared with the control group (Figure 7, C, E). H&E staining showed a greater number 325 326 of dead cells evident in the apoptotic proportion in IGU-PLGA-NPs treated tumor tissue compared with control. 327 Histopathological analysis of heart, liver, kidney, lungs and 328

spleen tissues from control and treated mice showed no 329 apparent lesion formation in organs after treatment in all 330 mice (Figure 7, F). Additionally, the fluorescence (FL) 331 signal of ICG-IGU-PLGA-NPs was exclusively found in the 332 brain region of BALB/c athymic mice after 24 h injection 333 while in the control group no fluorescence was noticed 334 (Figure 7, D). In addition, IGU-PLGA-NPs had no 335 significant effect on red blood cells, white blood cells, 336 platelets and hemoglobin in treated groups. The treatment 337 had no significant effect of neutrophils, lymphocytes, 338 monocytes, basophiles, and eosinophils (Figure S7). 339



Figure 6. Effect of IGU-PLGA-NPs on cell cycle arrest. Glioma cells were treated by IGU-PLGA-NPs and IGU for 48 h. Representative histograms showed the changes in the cell cycle of U87 and U251 (A, C). Graph represents the percentage of cell cycle distribution (B, D).

U251TMZ-resistant cells growth significantly reduced by IGU PLGA-NPs

To find out the effect of IGU-PLGA-NPs on the growth of TMZ-resistant glioma cells line (U251TMZ-R), we detected the impact of IGU and IGU-PLGA-NPs on resistant glioma cells using CCK-8 kit method. The cells were treated with IGU-PLGA-NPs (Figure S8). After 96 h of treatment, significant inhibition of cell growth by IGU-PLGA-NPs was detected in U251TMZ-resistant cells.

349 Discussion

8

Malignant glioma cannot be completely cured by surgical resection due to its infiltrative nature and is the main reason of death. Temozolomide (TMZ) treatment was safe and effective but travels slowly in blood flow into the interior of glioma, and has difficulty crossing the BBB. Chemotherapeutic therapy of glioma can provide high local drug concentration, reduce toxicities and improve patient drug compliance.^{23–25} Therefore, 356 there is a crucial need for the development of more effective, safe 357 and better therapeutic option against TMZ-sensitive and TMZ- 358 resistant glioma cells. PLGA is a well-known biodegradable 359 polymer and has a long history of safe pharmacological and 360 therapeutic applications.^{26,27} PLGA nanoparticles have provid- 361 ed the efficient delivery systems for chemotherapeutics due to 362 their low cytotoxicity, which is the critical parameter for 363 medicinal use.²⁸ 364

Different pathways of cancerous cells can be targeted for 365 therapy in which the apoptotic pathways have been considered 366 more promising to inhibit the growth of tumor.²⁹ Apoptosis is a 367 process of cellular self-destruction and it plays an important 368 role in homeostasis. Apoptotic cells exhibit several biochemical 369 and morphological changes in cells such as apoptotic body 370 formation, cell shrinkage, loss of cell to cell connections, 371 caspase activation, DNA condensation, and fragmentation. Our 372 results indicated that IGU-PLGA-NPs induced apoptosis in 373 glioma cells *in vitro* and *in vivo*. In the current study we have 374

M. Younis et al / Nanomedicine: Nanotechnology, Biology, and Medicine xx (xxxx) xxx R С Control 500 Control IGU-loaded PLGA 200 2 5 Day after Treatment D F Veiaht(a) 12 14 15 16 17 13 Control IGU-PLGA-NPs Tumor Heart Liver Kidney Spleen Lungs



Figure 7. *In vivo* mice xenograft model. IGU-PLGA-NPs significantly U87 tumor growth in tumor mice model as compared to control (A). Graphs presenting body weight and final tumor volume and weight after administration of NPs (**B**, **C**, **E**). *In vivo* fluorescence imaging showed NPs successfully bypass BBB (**D**). Histological analysis using H&E staining of tumor and vital organs (Heart, liver, kidney, lungs and spleen) slices from NPs treated and control mice (**F**). Scale bar, 100 μ m (****P* < 0.001).

revealed the anti-cancer effect of IGU and then to maximize the 375 therapeutic effect of IGU, we have developed IGU 376 encapsulated-PLGA nanoparticles that are more effective 377 378 therapy then IGU alone and can cross BBB, improving drug delivery and concentration at the target site. The results showed 379 that IGU-PLGA-NPs significantly reduce the growth of glioma 380 and glioma like stem cells. Migration of cancer cells showed a 381 potential role in cancer metastasis.³⁰ The results of wound 382 healing and Transwell assay demonstrated that IGU-PLGA-383 NPs treatment decreases the migration of glioma cells as 384 compared to IGU and control. 385

Α

Control

GU-PLGA-NPs

F

Control

Previous research has shown that cell cycle regulation and 386 suppression play a vital role in cancer management.³¹ The 387 results of apoptosis and cell cycle in our study showed that 388 the IGU-PLGA-NPs improve apoptosis and cell cycle arrest 389 390 in G1 phase as compared to IGU and control. In order to 391 explore the pathway of cell death induced in glioma cells by IGU-PLGA-NPs, we investigated the protein expression level 392 of Bax, Bcl-2, Cytochrome c, Caspase-3 and Caspase-9 393 measured by western blotting. The Bcl-2 protein prevents the 394 395 induction of apoptosis and blocks the release of Cytochrome c while Bax played a role in the release of Cytochrome c 396 from the mitochondria.^{32,33} We found that the Bcl-2 397 expression was reduced whereas Bax, Cytochrome c, 398

Caspase-3, and Caspase-9 expression was elevated by 399 biosynthesized IGU-PLGA-NPs. Our results indicated that 400 NPs activates the Caspase-3, a main executioner of apoptosis 401 and plays a significant role in apoptosis.³⁴ 402

The glioma stem cell (GSC) plays a key role in resistance of 403 these tumors to current therapies. Our study revealed that IGU- 404 PLGA-NPs treatment more effectively inhibits growth and 405 tumor sphere formation of GSCs, which is also consistent with 406 a reduction in expression of CD133 protein level in GSCs. 407 Herein, IGU-PLGA-NPs have additional evidence for therapy 408 strategy to overcome the chemo-resistance of TMZ on glioma 409 cells. 410

In vivo, mice glioma model also showed that administration 411 of IGU-PLGA-NPs effectively reduced the tumor growth and 412 tumor weight, whereas uncontrolled growth was observed in 413 control group. FL imaging presented the rapid and selective 414 accumulation of ICG-IGU-PLGA-NPs in the brain region. 415

All these findings demonstrated the IGU-PLGA-NPs could 416 inhibit tumor cell proliferation and migration, and elevate cell 417 apoptosis and cell cycle arrest more effectively than IGU. Many 418 factors are may be the reason for the greater anti-cancer effect of 419 IGU-PLGA-NPs than IGU. Firstly, anti-tumor agents should 420 have good delivery ability to cross the BBB in systemic 421 chemotherapy against brain tumors. Secondly, IGU-PLGA-NPs 422 10

ARTICLE IN PRESS

M. Younis et al / Nanomedicine: Nanotechnology, Biology, and Medicine xx (xxxx) xxx

nanoparticles may release IGU continually and biodegrade
gradually. Finally, interstitial chemotherapy for glioma needs a
high drug concentration locally and low drug concentration in
blood circulation. IGU-PLGA-NPs could enhance the efficacy of
the drug and lessen systemic toxicities in glioma patients.

428 In conclusion, IGU-PLGA-NPs significantly inhibited pro-429 liferation and migration, decreased GSCs growth and in vivo tumor weight and induced apoptosis through the caspase 430 pathway and cell cycle arrest by G1 phase in glioma cells. 431 These results suggest that IGU-PLGA-NPs could improve 432 malignant glioma therapy effectively. This study presents an 433 experimental basis for clinical trials on IGU-PLGA-NPs, which 434 may be a novel drug for therapy and management of malignant 435 gliomas. 436

437 Appendix A. Supplementary data

438 Supplementary data to this article can be found online at 439 https://doi.org/10.1016/j.nano.2019.102101.

Q7 References

- 1. Chen J, McKay RM, Parada LF. Malignant glioma: lessons from genomics, mouse models, and stem cells. *Cell* 2012;**149**:36-47.
- 443 2. Quail DF, Joyce JA. The microenvironmental landscape of brain tumors.
 444 *Cancer Cell* 2017;**31**:326-341.
- 3. Huse JT, Holland EC. Targeting brain cancer: advances in the molecular
 pathology of malignant glioma and medulloblastoma. *Nat Rev Cancer*2010;10:319-331.
- 448
 4. Cuddapah VA, Robel S, Watkins S, Sontheimer H. A neurocentric perspective on glioma invasion. *Nat Rev Neurosci* 2014;15:455-465.
- 450 5. Abou-Antoun TJ, Hale JS, Lathia JD, Dombrowski SM. Brain cancer
 451 stem cells in adults and children: cell biology and therapeutic
 452 implications. *Neurotherapeutics* 2017;14:372-384.
- 6. Tosi G, Bortot B, Ruozi B, et al. Potential use of polymeric nanoparticles
 for drug delivery across the blood–brain barrier. *Curr Med Chem* 2013;20:2212-2225.
- 456 7. Weaver M, Laske DW. Transferrin receptor ligand-targeted toxin conjugate (Tf-CRM107) for therapy of malignant gliomas. *J Neurooncol* 2003;65:3-13.
- 8. Pardridge WM. Drug and gene targeting to the brain with molecular
 Trojan horses. *Nat Rev Drug Discov* 2002;1:131-139.
- 9. Boado RJ, Pardridge WM. The Trojan horse liposome technology for nonviral gene transfer across the blood–brain barrier. *j drug deliv* 2011;2011:296151.
- 464 10. Lu W, Sun Q, Wan J, She Z, Jiang XG. Cationic albumin-conjugated
 465 pegylated nanoparticles allow gene delivery into brain tumors *via* 466 intravenous administration. *Cancer Res* 2006;**66**:11878-11887.
- 467 11. Lockman PR, Oyewumi MO, Koziara JM, Roder KE, Mumper RJ, Allen
 468 DD. Brain uptake of thiamine-coated nanoparticles. *J Control Release*469 2003;93:271-282.
- View 12. Okamura K, Yonemoto Y, Okura C, Kobayashi T, Takagishi K. Efficacy
 of the clinical use of iguratimod therapy in patients with rheumatoid
 arthritis. *Mod Rheumatol* 2015;25:235-240.
- Kohno M, Aikawa Y, Tsubouchi Y, et al. Inhibitory effect of T-614 on tumor necrosis factor-alpha induced cytokine production and nuclear factor-kappaB activation in cultured human synovial cells. *J Rheumatol* 2001;28:2591-2596.
- 14. Tu Y, Gao X, Li G, et al. MicroRNA-218 inhibits glioma invasion, migration, proliferation, and cancer stem-like cell self-renewal by targeting the polycomb group gene Bmi1. *Cancer Res* 2013;**73**:6046-6055.

- Feng X, Zhou Q, Liu C, Tao ML. Drug screening study using glioma 480 stem-like cells. *Mol Med Rep* 2012;6:1117-1120.
- 16. Zhang L, Wang L, Shahzad KA, et al. Paracrine release of IL-2 and anti-482 CTLA-4 enhances the ability of artificial polymer antigen-presenting 483 cells to expand antigen-specific T cells and inhibit tumor growth in a 484 mouse model. 2017; 66: 1229–41.
- Fathima Hurmath K, Ramaswamy P, Nandakumar DN. IL-1beta 486 microenvironment promotes proliferation, migration, and invasion of 487 human glioma cells. *Cell Biol Int* 2014;38:1415-1422.
- Hasaneen NA, Cao J, Pulkoski-Gross A, Zucker S, Foda HD. 489 Extracellular matrix metalloproteinase inducer (EMMPRIN) promotes 490 lung fibroblast proliferation, survival and differentiation to myofibro- 491 blasts. *Respir Res* 2016;**17**:17. 492
- Hsu CY, Yi YH, Chang KP, Chang YS, Chen SJ, Chen HC. The 493 Epstein–Barr virus-encoded microRNA MiR-BART9 promotes tumor 494 metastasis by targeting E-cadherin in nasopharyngeal carcinoma. *PLoS* 495 *Pathog* 2014;**10**e1003974.
- National Research Council Committee for the Update of the Guide for 497 the C and Use of Laboratory A. The National Academies Collection: 498 reports funded by National Institutes of Health. In: th, (ed.). *Guide for* 499 *the care and use of laboratory animals*. Washington (DC): National 500 Academies Press (US) National Academy of Sciences., 2011. 501
- Shahzad KA, Wan X, Zhang L, et al. On-target and direct modulation of 502 alloreactive T cells by a nanoparticle carrying MHC alloantigen, 503 regulatory molecules and CD47 in a murine model of alloskin 504 transplantation. 2018; 25: 703–15. 505
- Shaikh S, Rehman FU, Du T, et al. Real-time multimodal 506 bioimaging of cancer cells and exosomes through biosynthesized 507 iridium and iron nanoclusters. ACS Appl Mater Interfaces 508 2018;10:26056-26063. 509
- 23. Kim S-S, Rait A, Kim E, Pirollo KF, Chang EH. A tumor-targeting p53 510 nanodelivery system limits chemoresistance to temozolomide prolong- 511 ing survival in a mouse model of glioblastoma multiforme. *Nanomed* 512 *Nanotechnol Biol Med* 2015;11:301-311. 513
- Oshiro S, Tsugu H, Komatsu F, et al. Efficacy of temozolomide 514 treatment in patients with high-grade glioma. *Anticancer Res* 515 2009;29:911-917. 516
- Trinh VA, Patel SP, Hwu WJ. The safety of temozolomide in the 517 treatment of malignancies. *Expert Opin Drug Saf* 2009;8:493-499.
- Yang F, Niu X, Gu X, Xu C, Wang W, Fan Y. Biodegradable 519 magnesium-incorporated poly(l-lactic acid) microspheres for manipulation of drug release and alleviation of inflammatory response. ACS Appl 521 Mater Interfaces 2019;11:23546-23557. 522
- Higaki M, Ishihara T, Izumo N, Takatsu M, Mizushima Y. Treatment of 523 experimental arthritis with poly(D, L-lactic/glycolic acid) nanoparticles 524 encapsulating betamethasone sodium phosphate. *Ann Rheum Dis* 525 2005;64:1132-1136. 526
- Acharya S, Sahoo SK. PLGA nanoparticles containing various 527 anticancer agents and tumor delivery by EPR effect. *Adv Drug Deliv* 528 *Rev* 2011;63:170-183. 529
- Wong RS. Apoptosis in cancer: from pathogenesis to treatment. J Exp 530 Clin Cancer Res 2011;30:87. 531
- Wang J, Hou X, Zhao Z, Bo H, Chen Q. A cyclometalated iridium(III) 532 complex that inhibits the migration and invasion of MDA-MB-231 cells. 533 *Inorg Chem Commun* 2016;67:40-43. 534
- Schwartz GK, Shah MA, Liu S, Zhu Y, Yan S, et al. Phenethyl 535 isothiocyanate induces IPEC-J2 cells cytotoxicity and apoptosis *via* S- 536 G2/M phase arrest and mitochondria-mediated Bax/Bcl-2 pathway. 537 *Comp Biochem Physiol Toxicol Pharmacol* 2019:108574. 538
- Li R, Ding C, Zhang J, et al. Modulation of Bax and mTOR for cancer 539 therapeutics. *Cancer Res* 2017;**77**:3001-3012. 540
- Zhang P, Wang J, Huang H, Qiao L, Ji L, Chao H. Chiral ruthenium(II) 541 complexes with phenolic hydroxyl groups as dual poisons of 542 topoisomerases I and IIalpha. *Dalton Trans* 2013;42:8907-8917. 543
- MacKenzie SH, Clark AC. Targeting cell death in tumors by activating 544 caspases. Curr Cancer Drug Targets 2008;8:98-109. 545

Figure S1 Characterization of IGU-PLGA-NPs nanoparticles. The representative graph of PLGA and IGU-PLGA-NPs size distribution (A, B) Zeta potential distribution was measured using Zeta sizer (C, D). Transmission electron microscopy micrographs of PLGA (C), and IGU encapsulated-PLGA nanoparticles (D). Scale bar: 100 nm.

Figure S2 Trypan blue assay for cell viability. The percentage of cell viability of U87, U118, and U251 cells was detected by trypan blue assay after IGU-PLGA NPs, IGU treatment compared with control (A-C). (**P<0.01, ***P<0.001 and ****P<0.0001).

Figure S3 Wound healing assay of glioma cells after IGU-PLGA-NPs treatment. IGU-PLGA-NPs treated glioma cells (U87, and U118) in the wound healing assay migrated slower compared with control (A, C). The graph represents the mean \pm SD rate of migration from an independent experiment performed in triplicate (B, D). (***P*<0.01, ****P*<0.001 and *****P*<0.0001).

Figure S4 Transwell assay was conducted to determine glioma cell migration. U87, U118, and U251 glioma cells had reduced migration ability under serum chemotaxis following culture with IGU-PLGA-NPs, compared to control cells (A). The graph shows the mean \pm SD of migrated cells from three independent experiments (B-D). (****P*<0.001 and *****P*<0.0001).

Figure S5 Effect of IGU-PLGA-NPs on the protein expression. Protein expression of Bax, Bcl2, Cytochrome c, caspase3, and caspase9 was analyzed by western blotting. U87 and U251 cells were treated with IGU-PLGA-NPs and IGU as compared to control (A, C). The graph shows the relative protein expression (B, D). Data expressed as mean \pm SD. (*P<0.05, **P<0.01 ***P<0.001).

Figure S6 Effect of IGU-PLGA-NPs on the cell cycle protein expression level. U87 and U251 cells were treated by IGU-PLGA-NPs and IGU for 24 h, then CyclinD1 and survivin protein expression was analyzed by western blotting (\mathbf{A} , \mathbf{C}). Relative protein expression was shown by Graph (\mathbf{B} , \mathbf{D}). Data expressed as mean \pm SD (****P*<0.001)

Figure S7 Blood cell count. The treatment of IGU-PLGA NPs had no significant effect on complete blood count parameters (RBCs, WBCs, Platelets, Neutrophils, Lymphocytes, Monocytes, Basophiles and Eosinophils) when compared to control mice group (A-I) (n.s. not significant).

Figure S8 IGU-PLGA NPs showed anti-tumor effect against U251TMZ-resistant cells. The proliferation of U251TMZ-R cells was analyzed by CCK-8 kit assay after being treated by IGU-PLGA-NPs. IGU-PLGA-NPs significantly inhibited the proliferation of U251TMZ-R glioma cells after treatment compared to the control group (*P<0.01).

AUTHOR QUERY FORM

2002	Journal: NANO	Please e-mail your responses and any corrections to:
ELSEVIER	Article Number: 102101	E-mail: Corrections.ESCH@elsevier.spitech.com

Dear Author,

Please check your proof carefully and mark all corrections at the appropriate place in the proof (e.g., by using on-screen annotation in the PDF file) or compile them in a separate list. Note: if you opt to annotate the file with software other than Adobe Reader then please also highlight the appropriate place in the PDF file. To ensure fast publication of your paper please return your corrections within 48 hours.

For correction or revision of any artwork, please consult http://www.elsevier.com/artworkinstructions.

We were unable to process your file(s) fully electronically and have proceeded by

Scanning (parts of) your article

Rekeying (parts of) your article

Scanning the artwork

Any queries or remarks that have arisen during the processing of your manuscript are listed below and highlighted by flags in the proof. Click on the 'Q' link to go to the location in the proof.

Location in article	Query / Remark: <u>click on the Q link to go</u> Please insert your reply or correction at the corresponding line in the proof	
<u>Q1</u>	Your article is registered as a regular item and is being processed for inclusion in a regular issue of the journal. If this is NOT correct and your article belongs to a Special Issue/Collection please contact s.sudhakar@elsevier.com immediately prior to returning your corrections.	
<u>Q2</u>	Have we correctly interpreted the following funding source(s) and country names you cited in your article: "Key Laboratory for Developmental Genes and Human Disease, Ministry of Education".	
<u>Q3</u>	The author names have been tagged as given names and surnames (surnames are highlighted in teal color). Please confirm if they have been identified correctly.	
<u>Q4</u>	Please provide professional degrees (e.g., PhD, MD) for the authors.	
<u>Q5, Q6</u>	Please check unit here (millivolts [mV]?).	
<u>Q7</u>	As per journal style, if there are more than six authors, the first six author names are listed followed by "et al."; please provide the names of the first six authors followed by "et al." for Ref (s). 6,13,14,16,21,22,24,31,32.	
	Please check this box if you have no corrections to make to the PDF file.	

Thank you for your assistance.